

AGEING&HIV

CHAIN  UKI

CARE OF HIV AND AGEING
IMPLEMENTATION NETWORK

George House Trust: Community Ageing Service

Speakers:

Alex Sparrowhawk

Anna Hughes

John Lucas

Chairs:

Justine Mellor

Laura Hilton

ASK A QUESTION HERE



HIV and Ageing: Community Support

Alex Sparrowhawk, Director of Delivery and Impact

Anna Hughes, Ageing Well Project Lead

George House Trust



- Supporting people living with HIV since 1985
- Engage/support ~3,000 people each year
- First ageing service launched 2021

Where we work

Ardwick Green North
(Office and support centre)

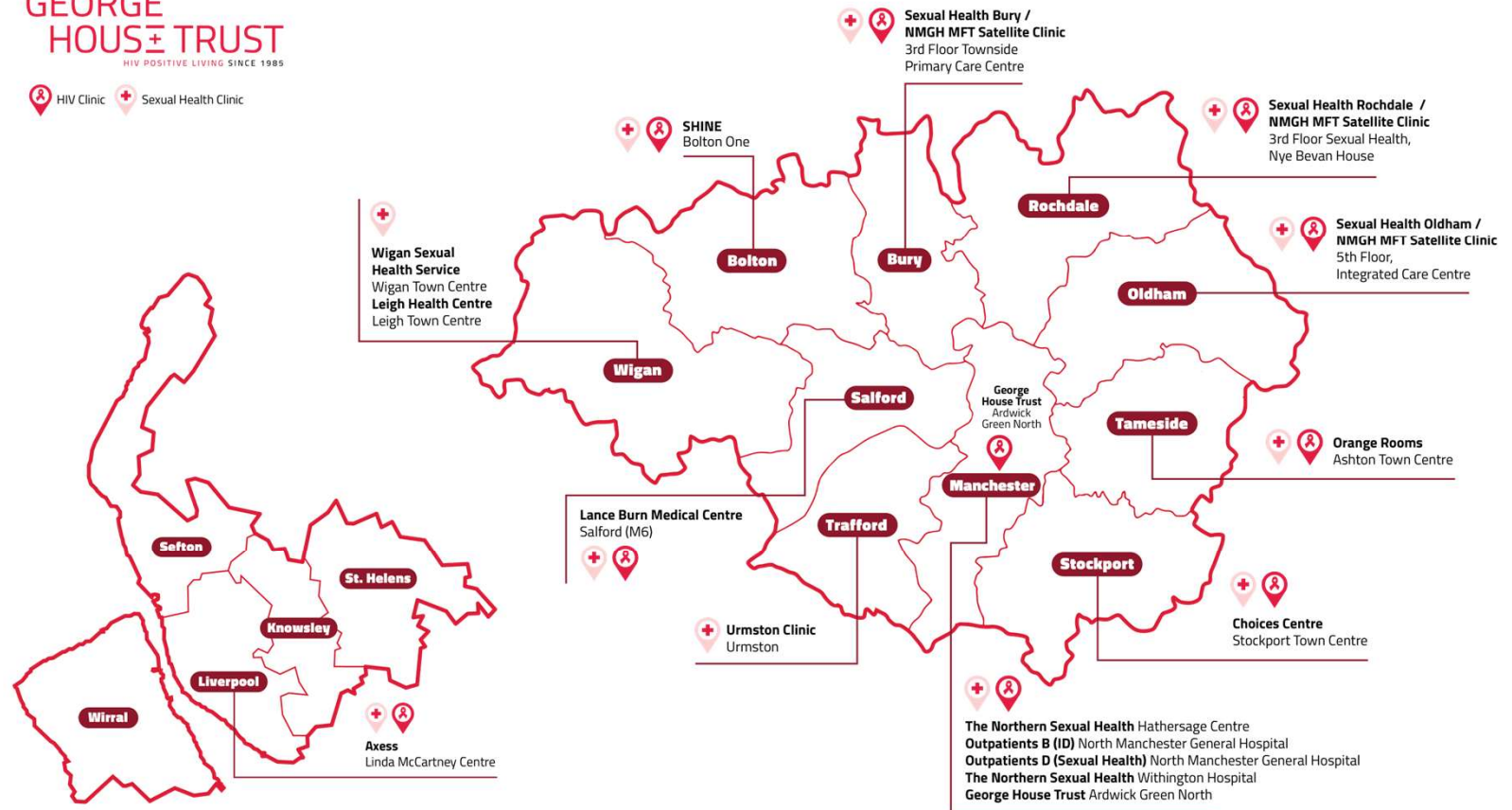
HIV clinics
GM and Liverpool

In the community
Family Hubs, hotels, home visits etc.

And beyond...
Remote support in Cheshire,
in Prisons across the North
West

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HIV Clinic Sexual Health Clinic



Our Cohort

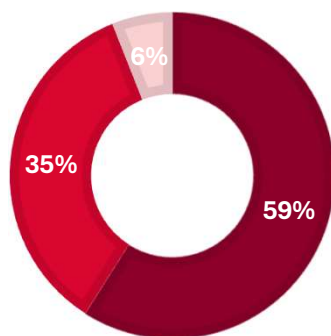
- We don't follow the national **52%** trend
- **45%** of people accessing support and engaged with our work are 50 and older
- We work in 'young' cities (compared to England's median age of 40):
 - Manchester [**30 years**]
 - Salford [**33 years**]
 - Liverpool [**35 years**]

Our Diversity

Demographics of people aged 50 and over engaged or accessing support

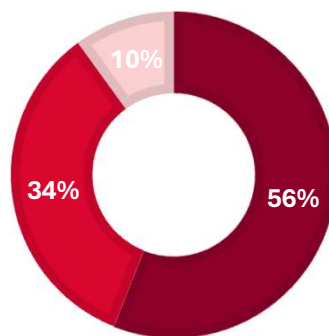
GENDER

- Male (inc. trans men)
- Female (inc. trans women)
- Unknown/Rather not Say



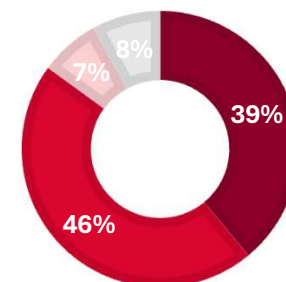
SEXUALITY

- Heterosexual
- LGB+
- Unknown/Rather not Say



ETHNICITY

- White
- Black African
- Other Global Majority
- Unknown/Rather not say



Children and Young People born with HIV

- Partnership service with MFT based at North Manchester General Hospital
- Holistic Service: ID paediatric team of consultant, nurse, pharmacist, psychologist and George House Trust CYP and Families Case Coordinator
- Youngest child is 9, <20 now in the service aged 18 and under

Ageing Well

- Awarded funding by National Lottery Community Fund in 2024
- Three-year project
- Greater Manchester and Liverpool
- The need for support for older people living with HIV



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Ageing Well and Mental Health

People with HIV have a higher risk for some mental health conditions than people who do not have HIV, meaning that supporting and promoting positive mental health is especially important.



Ageing Well Outcomes: Interim Project Evaluation

Interim Project Evaluation (n=695) found:

- **99%** Improved overall wellbeing
- **99%** Improved emotional health and wellbeing
- **99%** Increased connectivity and reduce feelings of isolation
- **99%** Increased confidence in ageing with HIV

Project Training Feedback (n=376):

- **98%** of care providers increased knowledge of HIV following our training

Additional Value:

- Increased involvement in volunteer opportunities. Engagement in volunteering roles across the organisation and wider community
- Shared learning amongst organisations providing support for older people



Positive Speaker



John
Positive Speaker

Thank You

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